



The Alton News

Dear parents and carers

Thank you everyone for supporting your children for World Book Day. We had a wonderful day reading for pleasure, sharing books and stories and guessing the 'masked reader'.

In other exciting news, Wandsworth Council will be creating a pedestrian zone outside our school. This is in response to many months of campaigning and our request asking for a safer space outside the school entrance. The council will be installing new bollards 7m east and 14m west of the existing bollards to create a pedestrian zone between the pedestrian gate and the car park gate. The existing bollards will be removed. The works are provisionally booked to take place in April.

During the installation, there will be some disruptions but I hope these will be minimal and we can work round these for the long term benefits to the children and our school.

Linsay Thomson

Year 5 PGL Meeting

There is a meeting for all year 5 parents on Monday 10th March at 2.45pm in class. It is about the next exciting PGL trip which will take place in September. Please come along to find out information and ask any questions.



Breakfast Club

We will be one of the pilot schools taking part in the government's free breakfast club initiative. This is due to start in the summer term. When we have more details we will share them with you.



Diary Dates

Please check the diary dates on every newsletter to see what events are planned and when the school is open and closed.

10 March	Y5 Parent meeting about PGL
	2.45pm in class
12 March	Y2 trip Science Museum
17 March	Y4 Author visit Ibstock Place
	School (morning)
21 March	Red Nose Day
21 March	Y5 Author visit Ibstock Place
	School (morning)
28 March	Y2 trip Polka Theatre
4 April	Last day of Spring Term
22 April	Inset Day. School closed for children
23 April	School open for children
25 April	School open for children
25 April	Y6 trip Polka Theatre
5 May	Bank Holiday. School closed for
	children
20 May	Y5 Loudmouth Theatre in school
22 May	Y1 Trip Barnes Wetland Centre
26 May	Summer Half Term Holiday.
to	School closed for children
30 May	
2 June	School open for children
9 June	Y5 Cycle Training
10 June	Y6 Cycle Training
12 June	Fox class trip Bockett's Farm
23 June	Y5 trip Wimbledon tennis
2 July	Y3 trip Pizza Express
22 July	Last day of summer term
ZZ July	









Nursery Offers

We are sending out offers for nursery places starting in September 2025. If you have a friend or family member with a child born between 1st September 2021 and 31st August 2022 looking or a nursery place, do ask them to come and apply.

Fire Brigade visit Nursery



Nursery were so excited to learn about how the fire brigade help us. They explored the fire engine and asked lots of questions!

Year 3 Trip to Holly Lodge

Year 3 had an amazing trip to Holly lodge to learn about Richmond Park in World War 1. They took part in lots of activities including laundry skills.



World Book Day Fun











Have fun choosing a book with your token.











Local Events and Diary Dates

Ramadan Mubarak









Emotional Wellbeing and Ramadan

Ramadan is a holy month in the Islamic calendar. During this month, millions of Muslims around the world dedicate themselves to their faith, practice gratitude, kindness to self and others, giving to charity and connecting with loved ones.

Who We Are?

Educational Wellbeing Practitioners are available in primary and secondary schools throughout Wandsworth, Sutton and Merton.

We offer evidence-based support programs for secondary school students dealing with anxiety and low mood, as well as guided self-help programs for parents of primary school children experiencing anxiety or behavioural challenges.

For more information please get in touch with the mental health lead at your school.





Education Wellbeing Service - SWLSTG - YouTube

1 Look after Yourself



It's important to look after yourself by practising self-compassion and self-care. Doing activities such as walking, reading, spending time outdoors and making time for the things that are important to you.

Stay Connected

Making meaningful connections are vital to our emotional well-being. Healthy connections with friends, family and others can support our mental health and well-being. Stay connected by going on walks together, doing fun activities (such as board games, going to look at the Ramadan lights at the West End etc.) and sharing meals. Here are some community events taking place this Ramadan you could attend:



Routine



Achieving the goals you've set yourself for this month and doing things that you enjoy, such as spending time with your loved ones is great. It's important that you work on building a routine that works for you as it can help you to feel balanced and relaxed.

Acts of Kindness

Ramadan is a time for kindness and giving back to others. Simple acts of charity, like helping your parents around the house, preparing iftar with your family, or checking in on neighbours are great. Being considerate, whether through kind words, sharing, or lending a helping hand reflects the meaning of Ramadan.

Further Support

Muslim Youth Helpline Provides faith and culturally sensitive support for young Muslims.

Online chat service available during opening hours. Home - Muslim Youth Helpline (myh.org.uk)

South West London 24/7 Mental Health Crisis Support Line on 0800 028 8000

<u>Childline</u>: Call 0800 1111 (available 7:30am – 3:30am, seven days a week)

Samaritans: Call 116 123 or email jo@samaritans.org (available 24/7) Shout: Text SHOUT to 85258 (available 24/7)







Alton Renewal Plan Community Panel

Wandsworth Council wants to have a more 'co-design' way of working, enabling the local community to have more of an influence on the Alton Renewal Plan. They are setting up a community panel for people who live on The Alton and this is a paid opportunity. If you would like to find out more, please visit www.altonrenewal.co.uk/participation-panels/alton-community-panel



Wandsworth Sea Cadets

Wandsworth Sea Cadets work with young people aged 10 to 18 and offer the chance to gain qualifications, make new friends and enjoy activities including adventure training, water sports, first aid and many other life skills.

They currently have spaces and are looking for new young people to join. They meet at Putney Embankment every Tuesday between 7-9pm and Sundays 10am – 4pm. For more information, visit:

www.sea-cadets.org/wandsworth-scc-278

or email info@tschallengerscc.org



