

Dear parents and carers,

Thank you so much for your generous donations to Comic Relief's Red Nose Day. We have raised over £150. The children have enjoyed wearing red clothes and accessories and learned about how the money is used to help others in a special assembly.



*Lindsay Thomson*

## Eid

Wandsworth council authorise one day's absence for our Muslim children to celebrate Eid with their families and communities. We are authorising Monday 31<sup>st</sup> March. If your child is absent on an additional day it will be unauthorised.

## Year 5 PGL

The next exciting PGL trip to Marchant's Hill will take place in September when our current year 5 are in year 6. The £25 deposit is now due. We only have four children signed up, if we do not get more we will sadly have to cancel this trip.



 @thealton

## Parent Workshops and coffee Mornings

Dr Phoebe Wheeler from the Education Wellbeing Service would like to run some parent workshops and information mornings at school. She can talk about many subjects including:

- Managing Big Emotions
- Typical child development and behaviour
- How to play effectively with your child
- Managing friendships
- Looking after yourself to look after your child
- Supporting your child's anxiety
- Managing transitions
- Managing separation anxiety
- Managing behaviour challenges
- Sleep

Please use this link to let her know which sessions would be useful for you. We will also text the link to you.

<https://forms.office.com/e/B8gaECL0Splt>

## Lateness at the end of the day

The school day ends at 3.15pm, please be on time collecting your child. We have a small number of families who are often late collecting their children which causes problems for staff who need to get to meetings and training sessions promptly at the end of the day. It can also be upsetting for your child.

Please allow plenty of time to make the journey back to school for 3.15pm each day.

 @the\_alton\_primary\_school

## Diary Dates

**\*Please check the diary dates on every newsletter to see what events are planned and when the school is open and closed.\***

28 March	Y2 trip Polka Theatre
1 April	Parents' Evenings
2 April	Parents' Evenings
4 April	Last day of Spring Term
<b>22 April</b>	<b>Inset Day. School closed for children</b>
<b>23 April</b>	<b>School open for children</b>
25 April	Y6 trip Polka Theatre
<b>5 May</b>	<b>Bank Holiday. School closed for children</b>
20 May	Y5 Loudmouth Theatre in school
22 May	Y1 Trip Barnes Wetland Centre
<b>26 May to 30 May</b>	<b>Summer Half Term Holiday. School closed for children</b>
<b>2 June</b>	<b>School open for children</b>
9 June	Y5 Cycle Training
10 June	Y6 Cycle Training
12 June	Fox class trip Bockett's Farm
23 June	Y5 trip Wimbledon tennis
2 July	Y3 trip Pizza Express
22 July	Last day of summer term

## Nursery Offers

We are sending out offers for nursery places starting in September 2025. If you have a friend or family member with a child born between 1<sup>st</sup> September 2021 and 31<sup>st</sup> August 2022 looking for a nursery place, do ask them to come and apply.

## Sight tests for children are FREE!

Short-sightedness is increasing, globally and in the UK. It is now twice as common as in the 1950s and children are becoming short-sighted at an earlier age.

- Over 20% of parents have never taken their child for an eye test
- It is also more common in children whose parents are short-sighted.

Children from South Asian and African Caribbean families also have a higher risk of developing short-sightedness.

The increase in close work such as reading, computers, small screens and spending less time outside has likely driven the rise in short-sightedness (myopia).

The College of Optometrists therefore recommend that children, particularly those aged 5 to 12:

- Limit screen time
- Spend at least 2 hours every day outside
- Have regular sight tests
- When on the screen or reading - hold the device or book at least 30cm from the face

The only way to prevent myopia from getting worse is with corrective lenses.

Public Health  
Wandsworth

**"We are so grateful that Elsie's vision was checked at school when she was in reception"**

